

**EXCHANGE AND
STUDY ABROAD**
International Student Guide



NORWEGIAN SCHOOL
OF THEOLOGY,
RELIGION
AND SOCIETY

Go Global. Find Peace in Norway

Discover Peace, Knowledge and New Perspectives

At MF Norwegian School of Theology, Religion and Society, you will join a diverse community of students exploring the intersections of peace, religion, and society.

Studying abroad at MF is not just about academics - it is about discovering new perspectives and broadening your worldview in a uniquely Nordic setting.

A Campus in a Capital City, Close to Nature

Study in Oslo, Norway's vibrant capital. MF's campus is just minutes away from fjords, forests, and hiking trails. Here, you will enjoy the best of both worlds: urban energy and natural tranquility.

Oslo offers cultural life, cafés, and museums alongside easy access to outdoor adventures - from skiing in winter to swimming and beach life in summer.

In Norway, breathtaking nature meets a society built on trust and sustainability. Studying in Oslo means experiencing a modern capital that embraces innovation while staying closely connected to nature and tradition – a place where you can grow academically while finding your own peace.



Find Your Peace in Oslo

Oslo is recognized worldwide as a safe, forward thinking capital where democracy, freedom, and sustainability thrive.



Home of the Nobel Peace Prize since 1901



Home of the Oslo Freedom Forum



#1 country on the Global Democracy Index and Press Freedom Index



Top 10 country worldwide for gender equality, sustainability, and happiness



Student Life

Orientation

Your exchange begins with the orientation week – a chance to settle in, explore Oslo, and meet fellow international students.

You will get practical guidance on living in Norway, discover the campus, and start building friendships that last beyond the semester.

During the Semester

Life at MF is more than lectures. Join cultural trips, take part in student associations, and enjoy social events that connect you with Norwegian and international classmates alike.

Whether it is hiking, concerts, or café culture, Oslo offers endless ways to experience student life.

Accommodation

Exchange students are guaranteed housing through Oslo's student welfare system (SiO).

You will live alongside other students in affordable accommodation with easy access to campus and the city.

Housing options include shared apartments and student villages, giving you both community and independence.





Why MF Norwegian School of Theology, Religion and Society?

MF is a small, specialized university college with a strong focus on religion, theology and society.

You will benefit from close contact with professors in an informal Norwegian study culture, where classes are small and students enjoy personal attention and a strong sense of community.

Discover MF's courses

At MF, you will find a wide range of engaging programs designed to broaden perspectives and spark curiosity.

Bachelor level

Explore Peace & Conflict Studies with courses such as Power and Resistance and Big Questions in International Politics.

Master level

Delve into Theology and Political Theory in fresh, forward-looking ways, with courses like The Taboo Bible and Love, Law and Revolution: Critical Issues in Political Theory.

MF offers an academic environment where curiosity meets critical reflection – ideal to expand your horizons.



IMPORTANT DATES

Fall semester

August - December

➔ APPLY BY 15 MAY

Spring semester

January - June

➔ APPLY BY 15 OCTOBER



@mfvitenskapelighoyskole

How to apply?

If you are enrolled at one of MF's partner institutions, you can apply as an exchange student. Please contact your home university's international office for details on how to be nominated for an exchange at MF.

If you would like to join MF as an independent Study Abroad student, please contact MF's International Office directly.

Contact information

MF International Office

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